

# The Girl Guide Store Sizing Guide

## SIZING and FIT:

GGC's sizes range from item to item. The charts below show finished GARMENT measurements. To assist in obtaining a good fit, the type of fit has been indicated on the following charts for each garment.

- "Fitted" is more shapely and fits closer to the body.
- "Relaxed" is a straighter cut fit.

Youth Sizing is made for youth fit.

Adult Sizing includes a longer sleeve length, larger sleeve opening, wider width across shoulders and neck opening.

## MEASURING:

1. Find your most comfortable fitting garment style for each item to measure. Choose your own T-Shirt/Hoodie/Long Sleeve/Pants you like to wear, in terms of fit.
2. Lay the garment flat on the table face up and take the measurements using a measuring tape. If you do not have a measuring tape, use string to then measure against a ruler. Please see below for visuals of how to measure.

### For T-Shirt/Hoodie/Blouse

- Chest:** measure the width across the chest of the shirt (1 inch below the armhole).  
**Waist:** measure across the waist of the shirt.  
**Body length:** measure from the center back top of neck to the bottom hem.  
**Bottom:** measure the width at the bottom of the shirt.  
**Sleeve length:** measure from center back of neck to bottom of sleeve cuff.

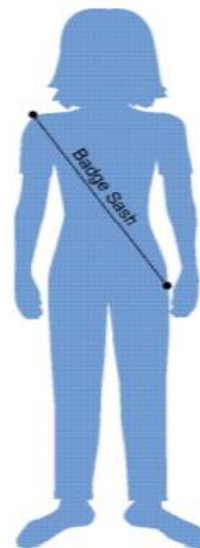
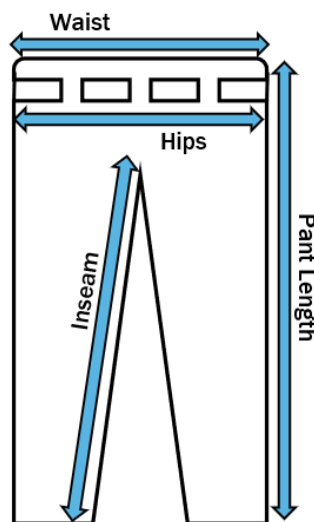
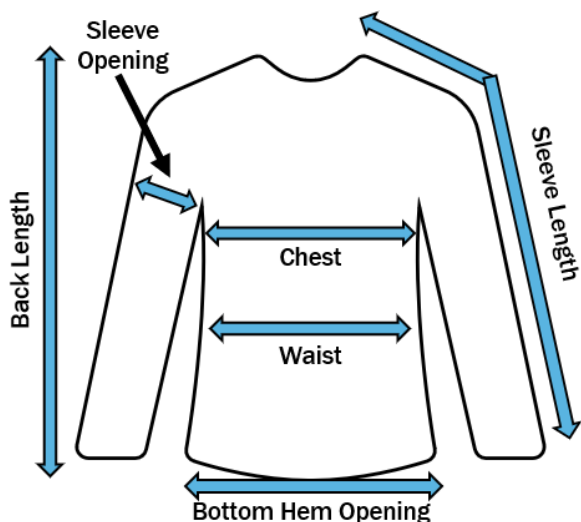
### For Pants

- Waist:** measure the width on waist line of the pants.  
**Hips:** measure the widest part between the waist and the crotch of the pants.  
**Inseam:** measure from the crotch to the bottom of the pant leg.

### For Accessories

- Badge Sash:** measure from right shoulder to left hip.  
**Camp Hat:** measure circumference of head.

GGC has recently adjusted garment measuring for a better fit! Please see pictures below to learn where to measure your favourite garments. Compare these measurements to the ones below in the sizing charts to choose the best fit for you!



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# SIZING CHARTS

## GARMENT (NOT BODY) MEASUREMENT IN INCHES

### NEW YOUTH UNIFORMS The chart shows finished GARMENT measurements.

Item	Fit	Size								
			4	5/6	7	XS	S	M	L	XL
YOUTH T-SHIRT *Youth Fit	Fitted (Avid Apparel)	Chest	14	15	16	16.5	17.5	18.5	19.5	20.5
		Waist	14	15	16	16.5	17.5	18.5	19.5	20.5
		Body Length	16	18	20	22	23	24	25	26
		Bottom Hem Opening	14	15	16	16.5	17.5	18.5	19.5	20.5
YOUTH TUNIC *Youth Fit	Relaxed (Avid Apparel)	Chest	14	15	16	16	17	18	19	20
		Waist	14	15	16	16	17	18	19	20
		Body Length	19	21	23	27	28	29	30	31
		Sleeve Length	21	22.5	24	25	27	29	31	33
		Bottom Hem Opening	16	17	18.5	18.5	19.5	20.5	22	23

### NEW ADULT UNIFORMS The chart shows finished GARMENT measurements.

Item	Fit	Size									
			XS	S	M	L	XL	2XL	3XL	4XL	5XL
ADULT T-SHIRT *longer sleeve length/ opening, width across shoulders and neck	Fitted (Avid Apparel)	Chest	17.5	18.5	19.5	20.5	21.5	23	24.5	26	27
		Waist	17	18.5	19.5	20.5	21.5	23	24.5	26	27
		Body Length	24	25	25.5	26.5	27	28	28.5	29.5	30
		Sleeve Length	14.5	15	15.5	15.5	16	16.5	17	17.5	18
		Sleeve Opening	5.75	6	6.25	6.5	6.75	7	7.25	7.75	8.25
		Bottom Hem Opening	17.5	18.5	19.5	20.5	21.5	23	24.5	26	27
ADULT TUNIC *longer sleeve length/ opening, width across shoulders and neck	Relaxed (Avid Apparel)	Chest	17	18	19	20	21	23	24	25	26
		Waist	17	18	19	20	21	23	24	25	26
		Body Length	32.5	33	33.5	34.5	35.5	36	36.5	37	37.5
		Sleeve Length	29.5	30.5	31	32	32.5	33.5	34	35	35.5
		Bottom Hem Opening	20	21	22	23	24	26	27	28	29

**Made to Measure Uniforms:** Uniform Shirts/Tunics may be custom made for Members whose requirements fall outside the regular sizes available - size required is smaller than the smallest size available or larger than the largest size available. Orders for made to measure uniform shirts cannot be cancelled once placed. Please call 1-877-605-9339 to place a custom order.

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# YOUTH APPAREL

The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS/12	S/14	M	L	XL
Spark 30 <sup>th</sup> Anniversary T-Shirt	Relaxed (Avid Apparel)	Chest	14		17	18	19
		Body Length	18		22	24	26
EST. 1910 T-Shirt Is There a Badge for That? T-Shirt Unity in Diversity T-Shirt Everything she wants to be. T-Shirt Camp Hair Don't Care T-Shirt GG Logo T-shirt	Relaxed (Gildan)	Chest	16	17	17.5		
		Body Length	20.5	22	23.5		
Heritage Logo T-Shirt	Relaxed (Gildan)	Chest		17	18		
		Body Length		22	23.5		
		Sleeve Length		24.5	26.5		
Hooded Sweatshirt REGULAR FIT	Relaxed (Gildan)	Chest			17		19
		Body Length			21		24.5
		Sleeve Length			27.5		32
Hooded Sweatshirt *Discontinued when sold out	Relaxed	Chest		18.5			
		Body Length		20.5			
		Sleeve Length		25			
International Polo Shirt	Relaxed	Chest	17	18.5			
		Body Length	25	26			
Retro Ringer T-Shirt Brownie 100 <sup>th</sup> Anniversary T-Shirt	Relaxed (Avid Apparel)	Chest	15	16	17	18	19
		Body Length	18	20	22	24	26
Retro Raglan Baseball Shirt	Relaxed (Avid Apparel)	Chest	15	16	17	18	19
		Body Length	19	21	23	25	27
Definition T-Shirt	Relaxed (Avid Apparel)	Chest	14	16	17	18	19
		Body Length	18	20	22	24	26
Heart Wordle T-Shirt	Relaxed (ATC)	Chest	14	16	17	18	19
		Body Length	19	21	23	25	27
GG Logo Crew Sweatshirt	Relaxed (Gildan)	Chest		17	18	19	20
		Body Length		21.5	22.5	24	25.5
		Sleeve Length		26.5	28	30.5	33
Pathfinder 40 <sup>th</sup> Anniversary Baseball Shirt	Relaxed (Gildan)	Chest		14	15.5	17	
		Body Length		21	22	24	
GG Scoop Hem Hoodie	Relaxed (Avid Apparel)	Chest	17	18	19	20.5	21.5
		Body Length	24.5	25.5	26.5	27.5	28.5
		Sleeve Length	25.5	27.5	29.5	31.5	33.5
World Thinking Day T-shirt	Relaxed (Avid Apparel)	Chest	16	17	18	19	20
		Body Length	20.5	22.5	24	25.5	27

# YOUTH APPAREL

The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS/12	S/14	M	L	XL
GG International Jacket - YOUTH <i>*please note these are <b>BODY</b> measurements</i>	Relaxed (Stormtech)	Chest	23-25	25-28	28-31	31-34	34-37
		Sleeve Length	22-24	24-26	26-28	28-30	30-32
		Waist	19-21	21-24	24-27	27-30	30-33

# ADULT APPAREL

The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS	S	M	L	XL	2XL	3XL	4XL	5XL
			6	8	10	12	14	16	18	20	
GGC Fleece Jacket	Fitted (Crossland)	Chest		19	19.5	21.5	22.5	24	26.5	28	
		Body Length		26	26.5	27	28	29	29	29	
		Bottom		19.5	20.5	22.5	24	25	29.5	29.5	
TREFOIL GUILD Fleece Jacket	Fitted (Crossland)	Chest	19								
		Body Length	24								
		Bottom	20								
Trefoil Guild T-Shirt	Relaxed (Gildan)	Chest		18	20	22	24	26	28	30	32
		Body Length		25	26	27	28	29	33	34	35
LINK T-Shirt	Relaxed (Gildan)	Chest		18	19	20.5	22	23.5	28	30	32
		Body Length		25	26	27	28	29	33	34	35
LINK Hooded Sweatshirt	Relaxed (Gildan)	Chest		20	22	24	26	28	30	32	
		Body Length		27.5	28.5	29.5	30.5	31.5	32.5	33.5	
GGC Fleece Full Zipped Jacket *Discontinued when sold out	Fitted (Gildan)	Chest									27
		Body Length									26.5
		Bottom									
Roll-Up Cargo Pants *Discontinued when sold out	*Adjustable Fit	Waist							23		
		Hips							26		
		Inseam							32		
GG International Jacket *please note these are <b>BODY</b> measurements	Relaxed (Stormtech)	Chest	32-35	35-38	38-41	41-44	44-47	47-50	50-53	53-56	56-59
		Sleeve Length	32-33	33-34	34-35	35-36	36-37	37-38	38-38.5	38.5-39	39-39.5
		Waist	26-29	29-32	32-35	35-38	38-41	41-44	44-47	47-50	50-53
International Jacket *Discontinued when sold out	Relaxed (North End)	Chest								33	34
		Body Length								30	30
International Polo Shirt	Fitted (Fashion Biz)	Chest	19	20.5	21	22	23	25	26	27	
		Body Length	25	25.5	26.5	27	28.5	29.5	29.5	30	
International Polo Shirt *Discontinued when sold out	Relaxed (Fashion Biz)	Chest							27	27.5	28.5
		Body Length							31	32	33
Hooded Sweatshirt REGULAR FIT	Relaxed (Gildan)	Chest		17	21	22.5	24.5	27			
		Body Length		26	27	28	29	29			
		Sleeve Length		33	34	35	36	37			

## ADULT APPAREL Continued

The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Spark 30 <sup>th</sup> Anniversary T-Shirt BE PROUD. T-Shirt	Relaxed (Unisex fit, Avid Apparel)	Chest	17.5	18	20	22	24	26	28	30	
		Back Length	26	28	29	30	31	32	33	34	
EST. 1910 T-Shirt Is There a Badge for That? T-Shirt Unity in Diversity T-Shirt Everything she wants to be. T-Shirt Camp Hair Don't Care T-Shirt GG Logo T-shirt	Relaxed (Gildan)	Chest		18	20	22	24	26	28	30	32
		Body Length		25	26	27	28	29	33	34	35
Heritage Logo T-Shirt	Relaxed (Gildan)	Chest		18	20	22	24	26	28	30	32
		Body Length		28	29	30	31	32	33	34	35
		Sleeve Length		33.5	35	36.5	38	39.5	39.5	40	40.5
Vest *Discontinued when sold out	Fitted	Chest		19.5							
		Body Length		23.5							
		Bottom		19.5							
GGC Crew Sweatshirt	Relaxed (Gildan)	Chest		20	22	24	26	28	30	32	
		Body Length		27	28	29	30	31	32	33	
		Sleeve Length		33.5	34.5	35.5	36.5	37.5	38.5	39.5	
Retro Ringer T-Shirt Brownie 100 <sup>th</sup> Anniversary T-Shirt	Relaxed (Avid Apparel)	Chest		18.5	20	21.5	23	24.5	26	27.5	29
		Body Length		27	28	28.5	29.5	30	31	31.5	32.5
Retro Raglan Baseball Shirt	Relaxed (Avid Apparel)	Chest		18.5	20	21.5	23	24.5	26	27.5	29
		Body Length		28	29	29.5	30.5	31	32	32.5	33.5
Definition T-Shirt	Relaxed (Avid Apparel)	Chest		18	20	22	24	26	28	30	32
		Body Length		28	29	30	31	32	33	34	35
Heart Wordle T-Shirt	Relaxed (ATC)	Chest	18.5	19.5	20.5	22	23.5	25	27	29	
		Body Length	26	26.5	27	28	29	30	30.5	31	
Cookie Pyjama Pants *longer rise and reduced inseam	Relaxed (Zone West)	Waist		30	32	34.5	38	41.5	45	48.5	52
		Pant Length		38	38.5	40	41.5	41.5	41.5	41.5	41.5
		Inseam		28.5	29	29.5	30.5	30	30	29.5	29.5
World Thinking Day T-shirt	Relaxed (Avid Apparel)	Chest	17	18	20	22	24	26	28	30	32
		Body Length	27	28	29	30.5	31.5	32.5	33.5	34.5	35.5

# ADULT APPAREL Continued

The chart shows finished GARMENT measurements.

Item	Fit	Size (inches)	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Pathfinder 40 <sup>th</sup> Anniversary Baseball Shirt	Relaxed (Unisex fit, Avid Apparel)	Chest		19	20.5	22	23.5	25	29		
		Back Length		25	27	28	30	31	33		
Pathfinder 40 <sup>th</sup> Anniversary Zip Hoodie	Relaxed (Unisex fit, Avid Apparel)	Chest		19.25	21.25	23	26	27	29	31	32
		Length		26	27	28	29	30	31	32	33
		Sleeve Length		33	34	35	36	37	38	39	40
GG Scoop Hem Hoodie	Relaxed (Avid Apparel)	Chest	18	19	20.5	22.5	24.5	26.5	28.5	30	32
		Length	27.5	28.5	29.5	30.5	31.5	32.5	33.5	34.5	36
		Sleeve Length	31.5	32.25	33	34	35	36	37	38	38
Be Line T-shirts I can & I will It's all good in the Sisterhood Sister squad This girl can Girl on a Mission Perfectly imperfect	Relaxed (Avid Apparel)	Chest	18.5	19.5	20.5	21.5	22.5	24	25.5	27	28
		Length	23.25	24	24.75	25.5	26.25	27	27.75	28.5	29.25

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## ACCESSORIES

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Item	Size (Inches)	S	M	L	XL
Badge Sash	Width	3.5	4	4	4
	Length	23 inches and below	24 to 26 inches	27 to 31 inches	32 to 35 inches
Item	Size (Centimeters)	S/M	M/L	L/XL	XL/2XL
Camp Hat	Head Size	54cm	56cm	58.5cm	61cm

## PRIOR UNIFORMS

The chart shows finished GARMENT measurements.

### \*Items to be discontinued when sold out

Item	Type of Fit	Size (inches)	XS	S	M	L	XL	2XL	1	2	3
<b>SPARK</b> *Discontinued when sold out	Fitted	Chest	12.5	13.5	14.5	15	15.5	16.5	17	18	18.5
		Body Length	18.5	19.5	20.5	21.5	22.5	23.5	24.5	25.5	26.5
<b>BROWNIE</b> *Discontinued when sold out	Fitted	Chest		14.5	15.5	16	17	17.5		19	20
		Body Length		20.5	21.5	22.5	23.5	24.5		26.5	27.5
<b>GUIDE</b> *Discontinued when sold out	Fitted	Chest		15	16	17	18.5	20	21.5	23	24.5
		Body Length		21.5	22.5	23.5	25	26.5	28	29	29
<b>PATHFINDER</b> *Discontinued when sold out	Fitted	Chest		15.5	16.5	18	19.5	21	22.5	23.5	24.5
		Body Length		22.5	25	26.5	28	28.5	29	29	29
<b>RANGER</b> *Discontinued when sold out	Fitted	Chest		18	19	20	21	22	23	24	25
		Body Length		26.5	27	27.5	28	28.5	29	29	29
<b>Adult Polo Shirt</b> *Discontinued when sold out	Relaxed	Chest	17.5	18.5	19.5	21	22	23.5	25	26.5	28
		Body Length	24.5	25.5	26.5	27	28	28.5	29	29.5	30
		Bottom	18	19	20	21.5	22.5	24.5	26	27.5	29

Item	Fit	Size (inches)	4	8	10	14	16	18	20	40
<b>Long Sleeve Blouse</b> *Discontinued when sold out	Fitted	Chest					23.5			
		Body Length					25.5			
		Bottom					24.5			
<b>Short Sleeve Blouse</b> *Discontinued when sold out	Fitted	Chest							25	
		Body Length							26	
		Bottom							25.5	

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